

(updated on 01/12/16)

Lane	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Slow	<ul style="list-style-type: none"> • 7-9am Lap swim • 9am-12:30pm Lessons • 2:30-8pm Open 	<ul style="list-style-type: none"> • 6-9am Lap Swim • 9am-1pm Open • 1-1:45pm H2O Aerobic (1/2 fast) • 2-4pm Open • 4-6pm Lessons (½ lane) • 6-7pm Open • 7-7:45pm H2O Aerobics • 7:45-10pm Open 	<ul style="list-style-type: none"> • 6am-1pm Lap Swim • 1-1:45pm H2O Aerobics • 2-4pm Open • 4-5:30pm Lessons • 5:30-10pm Open Swim 	<ul style="list-style-type: none"> • 6am-9:30am Lap Swim • 9:30-10am Class (1/2 lane) • 1-1:45pm H2O Aerobic (1/2 fast) • 2-4pm Open • 4-5:30pm Lessons (1/2 lane) • 7-7:45pm H2O Aerobics • 7:45-10pm Open 	<ul style="list-style-type: none"> • 6-9am Lap Swim • 9am-1pm Open • 1-1:45pm H2O Aerobics • 1:45-4pm Open • 4-5:30pm Lessons (½ lane) • 5:30-10pm Open 	<ul style="list-style-type: none"> • 6-9am Lap Swim • 9am-1pm Open • 1-1:45pm H2O Aerobics (1/2 fast) • 1-8pm Open 	<ul style="list-style-type: none"> • 7-9am Lap Swim • 9-10am Lessons • 10:30am-12:30pm Gudelsky Swim • 12:30-8:30pm Open Swim
Fast	<ul style="list-style-type: none"> • 7am-8pm Lap swim 	<ul style="list-style-type: none"> • 6am-12pm Lap Swim • 12-1pm Masters • 1-1:45pm Lap Swim (½ lane) • 1:45-4pm Lap Swim • 4-6:30pm PreTeam & Swim Club • 6:30-10pm Lap Swim 	<ul style="list-style-type: none"> • 6am-1pm Lap Swim • 1-1:45pm Lap Swim (½ lane) • 1:45pm-10pm Lap Swim 	<ul style="list-style-type: none"> • 6am-12pm Lap Swim • 12-1pm Masters • 1-1:45pm Lap Swim (½ lane) • 1:45-5pm Lap Swim • 5:15-6:30pm Swim Club • 6:30-10pm Lap Swim 	<ul style="list-style-type: none"> • 6am-1pm Lap Swim • 1-1:45pm Lap Swim (½ lane) • 1:45-4pm Lap Swim • 4-6:30pm PreTeam & Swim Club • 6:30-10pm Lap Swim 	<ul style="list-style-type: none"> • 6am-12pm Lap Swim • 12-1pm Masters • 1-1:45pm Lap Swim (½ lane) • 1:45-8pm Lap Swim 	<ul style="list-style-type: none"> • 7-10am Lap Swim • 10:30am-12:30pm Gudelsky Swim • 12:30-3:30pm Lap Swim • 3:30-6pm Sports Plus (1/2 lane) • 6-8:30pm Lap Swim
Medium	<ul style="list-style-type: none"> • 7am-2pm Lap Swim • 2-5pm Scuba class • 5-8pm Lap Swim 	<ul style="list-style-type: none"> • 6am-12pm Lap Swim • 12-1pm Masters (½ lane) • 1-4pm Lap Swim • 4-7pm PreTeam & Swim Club • 7-10pm Lap Swim 	<ul style="list-style-type: none"> • 6am-8pm Lap Swim • 8-10pm Scuba class 	<ul style="list-style-type: none"> • 6am-12pm Lap Swim • 12-1pm Masters (½ lane) • 1-5pm Lap Swim • 5:15-6:30pm Swim Club • 6:30-10pm Lap Swim 	<ul style="list-style-type: none"> • 6-4pm Lap Swim • 4-6:30pm PreTeam & Swim Club • 6:30-8pm Lap Swim • 8-10pm Scuba class 	<ul style="list-style-type: none"> • 6am-12pm Lap Swim • 12-1pm Masters (½ lane) • 1-8pm Lap Swim 	<ul style="list-style-type: none"> • 7-10am Lap Swim • 10:30am-12:30pm Gudelsky Swim • 12:30-3:30pm Open Swim • 3:30-6pm Sports Plus 6-7pm • Teens Like Us • 7-8:30pm Lap Swim

*Teens Like Us: Saturdays, Feb. 6, March 5, April 2, May 7, June 4, (6-7pm), medium lane

*Wednesday, Swim Club (Jan. 13, 20, 27, Feb. 3, 10), medium and fast lanes

*Sports Plus, Jan. 16, 23, 30, Feb. 6, 20, 27, Mar. 5, 12, Apr. 2, 9, 16, 30, (3:30-6pm), medium lane, ½ fast lane