



Memorial Day Group Exercise Schedule, Monday, May 26



| Time | Class | Instructor | Location |
|-------------|--------------------|------------|---------------------------------|
| 8:30-9:25 | Spin | Meghan | GE |
| 9:30-10:25 | Circuit Train | Justin | GE |
| 9:30-10:30 | Bootcamp | Karolina | Outside (meet at front desk) |
| 10:30-11:25 | Sculpt w/ Ball | Stacy | GE |
| 11:00-11:55 | Yoga | Natalie | DS |
| 12:00-1:00 | Cardio/Sculpt | Jan | GE |
| 1:00-1:55 | Balance & Strength | Luci | GE |