

Indoor Pool Rules

- Soap shower is required before entering the water.
- Only bathing suits may be worn.
- Eating, chewing gum, glass and smoking in pool area and locker room are prohibited.
- People with any sign of infection or illness may not enter the pool. Please remove band aids.
- Untrained children must wear tight training pants under rubber pants, no paper diapers
- A child unable to swim the length of the pool must be accompanied in the water by an adult.
- Do not swim across lanes.
- Running and rough housing are prohibited.
- No diving in shallow end.
- Do not stand at ends of lanes in lap swimming areas.
- Fins, kickboards, snorkels may be used in lap lanes at the discretion of the lifeguard.
- Flotation devices and toys may not be used except in classes.
- **LIFEGUARDS ARE AUTHORIZED TO ENFORCE THE RULES**