



Jewish Social Service Agency

Starting, Sustaining, Strengthening and Preserving Friendships

Connecting In Friendship

“Whatever brought us here, most found new friendships.”
“This class taught me things I didn’t know were so important.”

Connecting In Friendship presents a lively, interactive four session class to help older adults develop and maintain friendships. All sessions meet on Tuesday afternoons from 1:00 – 2:30 p.m.

- Making Social Conversation May 5
- Reaching Out & Allowing Others In May 12
- The Keys to Connection May 19
- Expressing Appreciation & Resolving Differences May 26

Please plan to attend all four classes. Make-ups cannot be offered. This course encourages friendships and is not intended to be used for dating purposes.

Preregistration Required: 240.788.2438 • jssacif@gmail.com

Cost: \$60 for the series, payable in full prior to first session – please send payment to JSSA, 6123 Montrose Road, Rockville, MD 20852

Where: The Jewish Community Center of Greater Washington
6125 Montrose Road, Rockville, MD 20852

Led by: Leslie Kessler, LCSW-C and Hileia Seeger, LCSW-C



This program is in cooperation with the JCC. It is a collaborative program with Coming of Age in Maryland.

