



Jewish  
Community  
Center of  
Greater  
Washington



# Group Exercise Schedule

Thanksgiving Day ● Thursday, November 27, 2014

Time	Class	Instructor	Location
8:00am – 8:55am	Yoga	Lisa	Dance Studio
9:00am – 10:00am	Nia	Amy	Dance Studio
9:00am – 10:00am	Les Mills Body Pump	Karolina	Group Exercise Studio
10:00am – 10:30am	Les Mills CXWORX	Karolina	Group Exercise Studio
10:35am – 11:30am	Yoga	Natalie	Group Exercise Studio



**Health & Fitness is open from 7 a.m. – 3 p.m.  
on Thanksgiving Day**