

Group Exercise Schedule

Independence Day | Saturday, July 4, 2015

Time	Class	Instructor	Location
7:10am – 7:55am	Spin	Neal	Group Exercise Studio
8:00am – 8:30am	Abs	Neal	Group Exercise Studio
8:40am – 9:25am	Spin	Neal	Group Exercise Studio
8:30am – 9:25am	Yoga	Laurie	RB#4
9:30am – 10:25am	Les Mills Body Pump	Laurie	Group Exercise Studio
9:30am – 10:25am	Yoga	Natalie	RB#4
11:00am – 11:55am	Spin	Karolina	Group Exercise Studio
12:00pm – 12:55pm	Les Mills Body Pump	Karolina	Group Exercise Studio
1:00pm – 1:25pm	CXWORX	Karolina	Group Exercise Studio