

## Gymnasium Schedule September 2014

### Monday

	Court 1	Court 2
5:30am-9:00am	Open	Open
9-12:00pm	ECE	ECE
12:00-6:00pm	Open	Youth Sports Classes
6:00-6:30pm	Open	Open
6:30-7:00	Open	Open
7:00-9:00pm	Open Adult Volleyball	
9:00-10:00pm	Open	Open

### Tuesday

	Court 1	Court 2
5:30am-9:00am	Open	Open
9:00am-12:00pm	ECE	ECE
12:00-6:00pm	Open	Youth Sports Classes
6:00-10:00pm	Adult Pick-Up Basketball Ages 18+	

### Wednesday

	Court 1	Court 2
5:30am-9:30 am	Open	Open
9:30-10:30pm	ECE	Group Exercise
10:30-12:00pm		Youth Sports Classes
12:00-7:00pm	Open	
7:00-8:30pm	Open	
8:30-10:00pm	Open	

### Thursday

	Court 1	Court 2
5:30am-9:00am	Open	Open
9:30-12:00pm	ECE	ECE Movement
12:00-6:00pm	Open	Youth Sports classes
6:00-10:00pm	Adult Open Basketball	

### Friday

	Court 1	Court 2
5:30am-9:00am	Open	Open
9:00-12:00pm	ECE	ECE
12:00-4:00pm	Open	Open
3:00-6:00pm	Open	Afterschool Programs

### Saturday

	Court 1	Court 2
7am-3:00pm	Open	
3:00-5:00pm	Open	
5:00-8:30pm	Open	

### Sunday

	Court 1	Court 2
7:00am-9:00am	Open	Adult Open Basketball
9:00-10:00pm	Family Gym	Bootcamp
10:00-12:00pm		Adult Open Basketball
12:15-2:30pm	Youth Sports Leagues (If Inclement weather only)	
2:30-8:00pm	Open	

### Gymnasium Rules

1. No food or beverages are allowed in the Gymnasium (plastic water bottles are allowed).
2. Athletic shoes must be worn on the gym floor (no street shoes or hard-soled shoes that leave marks).
3. Please return all basketball balls to the cart.
4. Profanity, fighting, excessive yelling, and unnecessary aggressiveness will not be tolerated at any time.
5. Children 6<sup>th</sup> grade or below must be accompanied by an adult.

### Gymnasium Closings



Discover Your Center

Schedule is subject to change due to JCC programs. Please visit us on the web at [www.jccgw.org](http://www.jccgw.org) or call 301-881-0100 for updates.