



Jewish Community Center
of Greater Washington

Group Exercise Update Memorial Day

Monday | May 30, 2016

*Memorial Day Class Schedule

7:00am	Body Pump	Laurie
8:30am	Zumba	Ramon
9:30am	Yogalates	Laurie
9:30am	Circuit Training	Justin
10:30am	Creative Movement	Ramon
11:30am	Zumba Toning	Ramon
1:00pm	Balance with Strength	Luci

*We will not offer any Water Aerobics classes on Memorial Day.

Enjoy the holiday!

For more information, contact
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